

OUT-OF-NETWORK INSURANCE VERIFICATION FORM

Please call the 800 number on your insurance card and complete this form with a customer service representative via telephone. It is important that you understand your insurance coverage.

<u>Client Name:</u> DOB: SSN:

Insured Name: DOB: SSN:

Insurance Company: Insurance Phone Number: Mental Health Insurance (may be different than health insurance): Claims Address: Client Insurance ID#: Group #:

COUNSELING SERVICES:

- "Do I have mental/behavioral health coverage?" □ YES □ NO If YES, continue.
- 2) "Do I have Out-of-Network benefits?" □ YES □ NO If YES, continue.
- 3) "Do I have an Out-of-Network deductible?" □ YES □ NO
 If YES, "What is my out-of-network deductible?"
 "How much of my out-of-network deductible has been met?"
- 4) "Please verify that the following services are covered under my policy? If YES, what percentage?"

In-Person Sessions:

- Individual Therapy, 30 minutes (CPT Code 90832): □ YES □ NO _____%
- Individual Therapy, 45 minutes (CPT Code 90834): □ YES □ NO _____%
- Individual/Couples/Family Therapy, 60 minutes (CPT Code 90837): □ YES □ NO _____%

HOLISTIC WELLNESS PRACTICE

- Family Therapy, without patient present (CPT CODE 90846): □ YES □ NO _____%
- Family Therapy, with patient present (CPT CODE 90847): □ YES □ NO _____%
- Group Therapy (CPT Code 90853): □ YES □ NO ____%
- *Psychological and psycho-educational testing codes vary. Please speak to your provider.

Video Sessions:

- Individual Therapy, 30 minutes (CPT Code 90832-95): □ YES □ NO _____%
- Individual Therapy, 45 minutes (CPT Code 90834-95): □ YES □ NO _____%
- Individual/Couples/Family Therapy, 60 minutes (CPT Code 90837-95): □ YES □ NO _____%

- *Psychological/Psycho-educational testing codes vary. Please speak to your provider.
- 5) "Do I need an authorization to receive any of these services?" □ YES □ NO If YES, "What is my authorization number?"
 "How many sessions are authorized?"
- 6) "What forms do I need to submit for reimbursement?"
- 7) "Do you require the providers signature on the superbill?"
- 8) "What is the most efficient way to submit these forms?"